

**PLACES ARE LIMITED** ☎ **01473 242214**  
**BOOK YOURS NOW:** ✉ **CHARLOTTEDANIELS@JOHNGROSE.CO.UK**



**GREAT PRIZES**

**JohnGrose** 3<sup>RD</sup> ANNUAL  
**CHARITY**  
**QUIZ**  
 NIGHTS  
 TEAMS OF 4-6 **2017** £5 PER PERSON



TICKET INCLUDES LIGHT BUFFET & ARRIVAL DRINK

DOORS OPEN AT **7 PM**

QUIZ STARTS AT **7:30 PM**



**ALL PROCEEDS WILL BE DONATED TO THE FOLLOWING CHARITIES:**



[BBC.CO.UK/CHILDRENINNEED](http://BBC.CO.UK/CHILDRENINNEED)

Aiming to provide every child in the UK with a childhood that is safe, happy & secure, allowing them to reach their full potential.

SUPPORTING ON:  
9<sup>TH</sup> NOVEMBER



[HEADWAYSUFFOLK.ORG.UK](http://HEADWAYSUFFOLK.ORG.UK)

Offering advice, support, rehabilitation and services to people with acquired brain injuries and those who care for them.

SUPPORTING ON:  
2<sup>ND</sup> & 9<sup>TH</sup> NOVEMBER



[LOWESTOFTDIAL.CO.UK](http://LOWESTOFTDIAL.CO.UK)

Providing free, impartial information and advice to all local disabled people in the Lowestoft & Waveney area.

SUPPORTING ON:  
16<sup>TH</sup> NOVEMBER



[SUFFOLKFAMILYCARERS.ORG](http://SUFFOLKFAMILYCARERS.ORG)

Providing information and support for people who give unpaid help & care to a partner, child, friend or neighbour who could not manage without it.

SUPPORTING ON:  
2<sup>ND</sup> & 16<sup>TH</sup> NOVEMBER